Transmission of Common Cat Diseases and Parasites

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Understanding how diseases are transmitted is important as it can help to reduce possible exposure to cats as well as humans in the case of zoonotic diseases (infections which cats can transmit to people).

- Direct contact Such as licking, touching, biting, sexual intercourse
- Indirect contact Water, soil, grass, contaminated food (including prey)
- Cutaneous Transmission via intact skin or a wound
- Caregivers Contact between an infected cat which is then transmitted to the non-infected cat via a caregiver (pet owner, veterinarian etc)
- Fomites Inanimate objects such as clothing, food bowls, litter trays, surgical equipment
- Vertical Pregnancy (transplacental) and birth
- Aerosol Cat to cat transmission such as coughing, sneezing, breathing
- **Inhalation** Breathing in the pathogen from the air
- Vector-borne Fleas, ticks, mosquitoes
- Oral (indirect contact via the mouth) Eating, drinking contaminated food or water
- **Fecal-oral** Pathogens from fecal particles pass into the mouth of another cat via food, water, unwashed hands, contaminated food and insects
- **Fomites** Non-living objects such as food bowls, cat toys, grooming equipment, which are contaminated with the pathogen
- **Transmammary** (*lactogenic*)— Transmission of a pathogen to kittens via the mother's breast milk
- **lactrogenic** Medically induced, such as via blood transfusion, organ transplant etc.
- Transport and intermediate hosts Animals and insects who has acquired a
 parasite, which is then passed onto the cat either during feeding (such as vectorborne parasites), or as prey (rodents for example, who are
 eaten)
- Carrier An animal who is infected with a pathogen and is capable of infecting others, but has no obvious signs
- Airborne This differs from aerosol or inhalation as infection is acquired through contamination in the air, but not necessarily directly inhaled (ringworm for example, in which spores in the air can come into contact with the fur and skin and cause infection)

Disease	Zoonotic	Route(s) of transmission
<u>Anaplasmosis</u>	No	Vector-borne, blood transfusion
Anthrax	Yes	Aerosol, fomites, direct contact, blood transfusion (possible)

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Aspergillosis (Aspergillus spp.)	No	Inhalation
Babesiosis (Babesia spp.)	No	Vector-borne, blood transfusion, vertical
Blastomycosis (Blastomyces dermatitidis)	No	Inhalation, cutaneous (rare)
Bordetella (Bordetella bronchiseptica)	No	Aerosol, direct contact
<u>Calicivirus</u>	No	Aerosol, direct contact, fomites, caregivers
Campylobacteriosis (Campylobacter jejuni)	Yes	Fecal-oral
Cat flea typhus (Ricksettia)	No	Vector-borne, blood transfusion
Cat scratch disease (Bartonella henselae)	Yes	Vector-borne, blood transfusion (possible)
Cheyletiellosis (Cheyletiella blakei)	Yes	Direct and indirect contact (environment)
Chlamydiosis (Chlamydophila felis)	No	Direct contact, fomites (possible, but rare)
Clostridium (Clostridium difficile)	Possible	Fecal-oral
Coccidiosis (I. rivolta, I. felis)	No	Fecal-oral, direct contact (hunting) and indirect contact (environment)
Coronavirus	No	Fecal-oral, direct contact, fomites
Cowpox	Yes	Direct contact
Cryptococcosis (Cryptococcus neoformans)	No	Inhalation.
Cryptosporidiosis (Cryptosporidium spp.)	Possible	Fecal-oral
Cytauxzoonosis (Cytauxzoon felis)	No	Vector-borne, blood transfusion (possible)
Ear mites	No	Direct contact, fomites
Feline herpes (feline herpesvirus type 1)	No	Vertical, aerosol, direct contact, caregivers, fomites
Feline immunodeficiency virus	No	Direct contact, vertical, blood transfusion
Feline infectious anemia (M. haemofelis, M. haemominutum)	No	Vector-borne, vertical, transmammary, blood transfusion
Feline leukemia virus	No	Direct contact, vertical, transmammary, blood transfusion
<u>Giardia</u>	Possible	Fecal-oral
<u>Heartworm</u>	No	Vector-borne, blood transfusion
Histoplasmosis (Histoplasma capsulatum)	No	Inhalation

<u>Hookworm</u>	Yes	Indirect exposure (penetration of larvae in contaminated environment through skin), ingestion, inhalation (via contaminated environment), vertical, transmammary (possible)
<u>Leishmaniasis</u> (<i>Leishmania spp.</i>)	Yes	Vector-borne, blood transfusion (possible)
Leptospirosis (Leptospira spp.)	Yes	Urine-oral exposure, vertical, cutaneous transmission via cuts and abrasions from contaminated sources (puddles, soil etc), possible direct contact (during intercourse)
Lungworm (Aelurostrongylus abstrusus , Capillaria aerophila)	No	Transport hosts, indirect contact (infected water)
<u>Lyme disease</u> (Borrelia burgdorferi)	No	Vector-borne, blood transfusion (possible, but unlikely)
Notoedric mange (Notoedres cati)	Yes	Direct contact, fomites
Panleukopenia (feline parvovirus)	No	Fecal-oral, direct contact, fomites, vertical
Plague (Yersinia pestis)	Yes	Vector-borne (fleas), aerosol, direct contact, indirect contact
Pseudorabies alphaherpesvirus suid herpesvirus-1 or SuHV-1	Yes	Direct contact with infected swine, indirect contact (ingestion of contaminated pork or infected prey), fomites, possible aerosol
Rabies (Rhabdoviridae)	Yes	Direct contact (biting)
Ringworm (Microsporum canis, Microsporum gypseum, Trichophyton mentagrophytes)	Yes	Direct contact, fomites, caregiver, airborne spores
Roundworm (Toxocara cati and Toxascaris leonina)	Yes	Transmammary, indirect contact (food, feces, water, soil infected with worm eggs), transport hosts such as rodents (who carry the encysted form)
Salmonellosis (Salmonella spp.)	Possible	Fecal-oral
Tapeworm (Dipylidium caninum, Taenia taeniaeformis))	No	Vector-borne
Tetanus (Clostridium tetani)	Yes	Fomites (such as nails from puncture wounds)
Toxoplasmosis (Toxoplasma gondii)	Yes	Fecal-oral
Tuberculosis (Mycobacterium tuberculosis)	Yes	Direct transmission (bites), indirect transmission (infected cows milk or meat)
Tularemia(Francisella tularensis)	Yes	Oral, aerosol, vector borne, blood transfusion